



GLADE RUN
LUTHERAN SERVICES
a bridge to a brighter future

Glade Run Adventures ~ Therapeutic Animal and Horticulture Program

Mission: We are building connections to self discovery for people facing mental health, behavioral health, physical and developmental challenges including autism.

Vision: To provide therapeutic animal and horticultural experiences that can be instrumental in a life long process of learning and self-improvement and that will help re-establish a connection between people and the natural environment.

HORTICULTURE PROGRAM SERVICES

Come enjoy specialized activities in our greenhouse and gardens! Lessons are developed according to each participant's physical and emotional capabilities. These fun and relaxing lessons incorporate life skills building through social exercises, horticultural learning, expressive and culinary arts and environmental education. Activities are planned vary according to season, availability, staff discretion, and client ability.

ANIMAL PROGRAM SERVICES

Come to the barn and enjoy specialized activities developed according to each participant's goals. These fun and relaxing lessons incorporate life skills building through individual and social exercises involving horses and various small animals. All clients are engaged in animal related activities appropriate to their physical and emotional capabilities. All participants of equine related activities must be 8 years or older. Activities may include, but are not limited to; animal care through feeding, grooming, handling, and exercise. Hands-on lessons may be conducted on topics such as breed characteristics, animal behavior, social interactions, and communication. In addition, mounted activities may include riding instruction in English or Western style riding, in the arena or on trail. Activities are planned vary according to season, availability, staff discretion, and client ability.

| <u>Service</u> | <u># Participants</u> | <u>Price</u> | <u>Description</u> |
|-----------------------------|-----------------------|--|--|
| Individual Activity | 1 individual | \$35 hour / person | Individuals participate in one-on-one hands-on activities that are focused on the goal of the individual client. Available in either the Animal Program or Horticultural Program |
| Small Group Activity | 2-3 individuals | \$20 hour/ person | Small groups of clients participate in activities focused on the needs of the group. Appropriate social interactions and social skills are discussed and developed. Available in either the Animal Program or Horticultural Program |
| Large Group Access | 4-10 individuals | \$75.00 / hour / group | A group of up to ten clients participate in activities focused on the needs of the group. Appropriate social interactions and social skills are discussed and developed. Available in either the Animal Program or Horticultural Program |
| Adventure Sessions | 5-10 individuals | \$100 per person/ Four Week Session (90 min. / week) | A ninety minute session, once a week for four weeks to allow for ample opportunity to participate in all aspects of programming offered through the animal AND horticulture departments. |
| Mini Adventures | 4-10 individuals | \$100 / 1 ½ hour / group | A one and a half hours session incorporating approximately 45 minutes in each the animal and horticulture programs. |