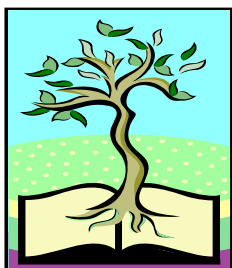


Adventures Notes

~ The Glade Run Therapeutic Animal and Horticulture Program~
~Spring 2011~



12th ANNUAL SYMPOSIUM SUCCESS!

This year, the event fundraised close to \$15,000 for our therapeutic horticulture program! Last Saturday, March 26th, 160 registrants enjoyed a day filled with inspiring information, door prizes, unbelievable auction items, raffle baskets, a delicious lunch, talented vendors, and a lot of friends. Afterwards, many surveyed registrants commented on their anticipation (all ready!) to next year's event!

Considering this year's sellout crowd, please remember to mark your calendars for the last weekend in March of 2012! A Giant THANK YOU goes out to everyone who sponsored the event, volunteered, and attended; we couldn't have done it without you! Thanks for your support of our "growing" programs!



Subscribe to the Adventures Cooperative CSA!

How great does a weekly box of fresh, organic, locally grown vegetables sound? What if this subscription also supports our mission at Glade Run and the vocational training of boys here? In this new pilot program, we are accepting a limited number of subscriptions to run 18 weeks through the fall of either a small or large subscription share. We anticipate a robust variety of seasonal produce and (hopefully) a bunch of surprises like our

own maple syrup, local honey, and tea. Space is limited, so please do not delay in contacting Julie with interest or questions at JWahlenmayer@gladerun.org. The complete brochure is available online at: <http://bit.ly/adventurescsa>

SUMMER CAMP SIGN UPS



The eagerly-awaited **Boots and Roots Camp** returns for three separate weeks June 13-17, June 20-24, and June 27th –July 1st. Typical, non-special needs campers can experience horseback riding, small animal care, arts and crafts, hiking, and nature exploration- plus we top it all off with a pizza party and horse show on Friday! Get more information at <http://www.bit.ly/bootsroots> or open the attached Adobe Acrobat file, if receiving this newsletter via e-mail.



Our **Specialized Adventures Camp** provides all of the same camp experiences as the Boots and Roots Camp, but is designed specifically for campers diagnosed with autism spectrum disorders. Moderate to high functioning campers will learn to ride, go for hikes, and make crafts- all while Adventures staff provide guidance on positive social interactions with their peers. **Great News!** We just updated the Specialized Adventures Camp brochure to include a third week of camp! The added week actually falls prior to the existing two week camp package. So now, you may send your camper to just one week the first week of August, or to just the second two weeks, or to all three weeks! See the brochure at: <http://bit.ly/specializedadventures>

A SWEET DEAL



Chocolate Bar Fundraising Program

Joanie LOVES Sarris Chocolate, and she has finally succeeded in her goal of selling chocolate bars to raise funds for Glade Run Adventures! Julie worries that all this chocolate sitting around will be too tempting, so PLEASE save the Adventures staff from eating it all! Look for boxes at the front of Administration Building and in the Specialty Services Building.

Seven different Sarris Bars will be available: Almond, Crisp, Caramel, Peanut Butter, Milk Chocolate, Dark Chocolate, and Chocolate Pretzel Rods.

SEED FUNDRAISER

Plant Your Garden And Grow Cash!

Buy your garden seeds from **Renee's Garden Seeds** and 25% of the order value will be donated to Glade Run Adventures! Simply go to **www.reneesgarden.com** and choose from the wide selection of seeds for heirloom and gourmet vegetables, cottage garden flowers and culinary herbs, special seed collections and great kitchen garden cookbooks. At check out, just enter the code **FR557A** in the coupon code box on the checkout page! Renee's Garden will in turn send a year-end check to **Glade Run Adventures** for 25% of all orders who using this fundraising code. The code expires

December 31st each year. This is a year-round, on-going fundraiser, so order regularly for spring, fall and holiday gifts. Spread the word to your friends and family!



SPRING PLANT SALE COMING AGAIN SOON!

Write it on your calendar NOW! Glade Run Adventures will be hosting our annual Spring Plant Sale on **Friday, May 6th**. Each year the horticulture program sells a wide variety of garden plants including heirloom tomatoes, beautiful Mother's Day flower baskets, hanging baskets, herbs, and perennials; Joanie and the kids have all ready started seedlings in the greenhouse. We look forward to seeing you between 10 and 4 on the Friday before Mother's Day!



FLOCK THIS WAY

The Adventures Program is excited to announce our much anticipated new flock of 25 heritage breed baby chicks! A "heritage breed" means an older breed that is declining in general population as determined by the American Livestock Breeds Conservancy. The chicks arrived March 29th and should be laying eggs in their new deluxe hen condo by September. We aspire to help preserve these rare breeds, as well as sell an assortment of speckled, colored and unique eggs. So stop on down and check out our latest little additions!





WEEKEND RIDING LESSONS AND TRAIL RIDES AVAILABLE!

Need we say more? Call for your Saturday reservation and enjoy the spring weather! Call (724) 452-4453 for **Julie** (ext. 1236) or **Carrie** (ext.1239) for details or to arrange a lesson.



MAPLE SYRUP ON TAP AT GLADE RUN

Maple sugaring at Glade Run has become a standard part of our spring activities, as a therapeutic activity for our residents and an educational lesson for the students of St. Stephen's Lutheran Academy. Sugaring further provides a variety of activities that require teamwork, communication skills, and vocational practice for some of our older, transitional clients. This year, we are excited to increase our production efforts to extend sales to local community residents for purchase. All of the trees tapped are found in the wooded acres of Glade Run. The sap is collected and boiled it into syrup by hand and without preservatives. Eight ounce bottles are now selling for \$15. Please contact **April Trieschock** at (724) 452-4453 ext. 1137 or email animhort@gladerun.org for more details or to place your order. Supplies are limited.



INTERNSHIPS AVAILABLE FOR THE SUMMER!

The Adventures Program is seeking 3 interns to assist with summer camps and summer programming. Throughout the summer, we serve at-risk youth from Pittsburgh and host a three week autism camp. Clients with a variety of other special needs, including MR and physical disabilities, also access our programming through individual and large group activities. Each intern will assist our animal, horticulture, and CSA activities; the goal of our CSA is to provide vocational training for the boys in our transitional unit, support local growers and producers who promote sustainable agriculture, and develop a stronger sense of community in our area.

VOLUNTEER OPPORTUNITIES AVAILABLE!

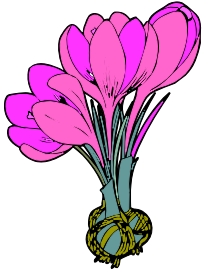
There is no shortage of things to do in the Adventures Program! We could always use your help!

Whether you are interested in volunteering as a church or social group, or by yourself on a regular



schedule to help with the plants or animals, we are eager to share the rewards of volunteerism. No experience is needed and trainings are provided. Adult volunteers must be over the age of 18 and participate in our trainings; adult volunteers advance in training at an individual pace and discretion. Junior Volunteers are between the ages of 12 and 18 and are required to attend a mid-June JV Orientation with a parent or guardian. All volunteers play a vital role in the sustainability of the program, and their

time is always greatly appreciated! Get in touch to find out more about our Adventures Volunteer Program!



SPRING STIRRINGS FROM THE HORTICULTURE PROGRAM

What is more inspiring than the sight of green bulb shoots pushing through the mud and snow this time of the year? To us, it symbolizes the arrival of spring. If you were ambitious enough to plant bulbs last fall, the fruits (or, perhaps, better said “the flowers”) of your efforts will be rewarded shortly. If you didn’t get around to digging those ridiculously deep holes, then now is the perfect time for planning next spring’s heart lifting blooms! We are so ready for spring! The herb and geranium cuttings rooted over the winter are growing and blooming; the brassica and leek seedlings will soon be ready to plant in the cold frames outside. We’ve also made packets of fragrant herb teas and potpourri for the May plant sale. Spring is such a busy time after the quiet hibernation of winter – we hope that you feel those stirrings of spring too!

SEASONAL RECIPE SHARING

The 2011 herb of the year is Horseradish! This delicious recipe uses health-giving Horseradish to accompany French or Italian bread, meat dishes and as a dip with crackers or veggies. Horseradish is ridiculously easy to grow and can be harvested anytime of the year – so clear your sinuses with some tasty spread!

CREAMY HORSERADISH SPREAD

- 1/2 cup sour cream
- 2 Tbsp. mayonnaise
- 1 Tbsp. cider vinegar
- 1 tablespoon prepared horseradish
- 1 clove garlic, minced
- 1/4 teaspoon salt
- 1/4 teaspoon ground black pepper

Mix together all ingredients. Chill in the refrigerator for at least 20 minutes before serving.